

The Four in Hand Tie Knot

The Four in Hand Tie Knot makes for a narrow, more discreet and slightly asymmetrical tie knot. It is best suited for a standard button-down dress shirt and works best with wide ties made from heavy fabrics.

While this tie knot can be worn by anyone, it looks especially well on men with shorter necks as the knot's rather narrow and elongated form stretches the perceived height of the neck a tiny bit.

To tie the Four in Hand Tie Knot, select a tie of your choice and stand in front of a mirror. Then simply follow the steps below:



- 1) The wide end "W" should extend about 12 inches below the narrow end "N". Cross the wide end "W" over the narrow end "N".



- 2) Turn the wide end "W" back underneath the narrow end "N".



3) Continue by bringing the wide end "W" back over in front of the narrow end "N" again.



4) Pull the wide end "W" up and through the loop around your neck.



5) Hold the front of the knot loosely with your index finger and bring the wide end "W" down through the front knot.



6) Remove your finger and tighten the knot carefully to the collar by holding the narrow end "N" and sliding the knot up.

That's it! That is all there is to the Four in Hand Tie Knot. You will quickly learn to tie this knot in less and less time every time you practice it. Just keep going, my friend!

To make sure that you get all the benefits out of looking your best at your next job interview, wedding ceremony or courtroom appearance, I recommend that you give my downloadable [Tie Knot Video Series](#) a try.